



FEB 2014

SARS U-8 & U-9 MEETING WITH PARENTS

Agenda

- Club Ethos (James Barry)
 - What does Sarsfield's Juvenile Club expect of parents?
 - What does Sarsfield's Juvenile Club expect of players?
- Coaching Team
- Approach
- Hurling Philosophy
- Plan for the Year
- Notification
- Replacement Hurleys
- In Case of Injury
- Practise at Home

Coaching Team

- All Coaches must complete the Garda Vetting process
- All Coaches are required to complete the Foundation Coaching Course (looking at running a internal course.)
- All coaches are required to become members of the adult club.

Coaching Teams

U-8 (Born 2006)

Head coach : Denis Twomey

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- Carthy
- Mark Austin
- Damien Huggins
- Kenneth Carroll
- John O'Flynn
- David O'Flynn
- Declan Nestor
- Padraig Bracken
- Jerome O'Riordan
- Sean O'Brien

U-9 (Born 2005)

Head coach : Conor McCarthy

- Mick King
- Rory McGee
- Ken McMahon
- Alan McNamara
- Con Leddy
- Cathal O'Connor
- Kevin O'Callaghan
- Kieran O'Keeffe

Approach

- Approach
 - Positive => Encourage, Encourage, Encourage (Sandwich technique)
 - Firm but Fair
 - Parents should encourage children to behave and to be respectful to coaches and other children .
 - Players will be asked to behave and then asked to step out of the drill or exercise until they are ready to behave.
 - Please reference the club code of conduct accessible on Sarsfields web site.
 - If a parent feels unhappy with any element of a match / training then they should discuss the matter with the head coach.

Hurling Philosophy

- First time, direct hurling with a big emphasis on FIRST Touch
- Core of 2014 will be on Basic skills (grip, strike, catch,). Age appropriate drills will be used to teach these. A high standard of ground hurling will be one of the main goals of the year.
- Introduce Hurling from the Hand 2nd half of games Ref U9's.
- Games – a number of events will be organised this year including matches against other Clubs these will be primarily in the go –game format.
 - Monster Blitzes
 - Local leagues (within the club teams)
 - Summer camp
- Long term player development is the ultimate aim and to nurture a love of the game .

Notification

- Primary notification by Text for the U-8,s. (email list to be established). Both text and e-mail will be used for notification of the U-9's. TEAMER is also going to be looked at as a option.
- We will also be putting events up on twitter and the Sarsfields web site .
- Cancel training with at least 1hour notice .
- Please respond to Notification for games as we need this information in order to plan teams.
- Sars Website
 - Code of Good Behaviour
 - Training Times
 - Lost & Found
 - Photographs
 - Links to Youtube for Hurling Videos

Replacement Hurleys

- Hurleys should be purchased at the Club shop. They are of good quality and at cost price.
- Urge parents to buy a new hurley once a year
- Give the broken Hurley to team manager with 2 euro and take a temporary replacement
- Return the temporary replacement when the hurley is repaired.
- Hurleys that are not repairable will need to be replaced by the parent.

In Case of Injury

- If a child is injured coaches need to be informed immediately – this will need to be reported at the Sarsfields committee meetings .
- Urge your children to come & tell coach if they are injured during training or match.
- GAA Injury Scheme covers for visit to GP or A&E.
- It does not cover Physiotherapy visits.
- A Claim Form must be completed by the Parents and submitted to the Club (via team manager) for the Secretary to Sign within 60days.

Practice at Home

- We can only introduce the skills – correct the common errors
- A player hones his skills by ‘pucking around’
- No substitution for Practising at home
- N.B Correct Hurley (size, weight) + Correct Grip
- Watch the striking action =>
 - Chicken Wings
 - Go to games !
 - Wrists, speed .
 - Get a Tyre !

Mol an Óige agus tiocfaidh sí .

